

## About Us

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The Center for Speech Pathology is a full service center that specializes in the evaluation and treatment of children and adults with speech and language disorders. Our center consists of eight full-time, dedicated, well-trained speech-language pathologists who strive for excellence in patient care, teamwork, and continued improvement of knowledge and skills in our field.



**Josephine K. Chen, M.S., CCC, LLC**  
Center for  
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**For more information please  
visit the following referenced  
resources:**

Yairi, E., & Ambrose, N. (2004).  
Stuttering: Recent Developments  
and Future Directions. *The ASHA  
Leader*.

<http://www.stutteringhelp.org/>  
The Stuttering Foundation

<http://www.nsastutter.org/>  
The National Stuttering  
Association

<http://www.asha.org>  
The American Speech Language  
and Hearing Association

*Sometimes I Just Stutter*  
Eelco de Geus

*Stuttering and your child: questions and  
answers.*  
Stuttering Foundation Publication

## Stuttering Therapy

*For Children, Teens and Adults*

**Josephine K. Chen M.S. CCC, LLC**

Center for  
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Greenwich and Norwalk  
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Please visit our website at:

[www.speechtherapyct.com](http://www.speechtherapyct.com)

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## What is Stuttering?

Stuttering is a disorder that affects the forward flow of speech. Speech may be stopped by interruptions or repetitions on the sounds and words in speech.

## Who Stutters?

- More than 45 million people in the world stutter
- 1% of the population stutters
- Male stutterers outnumber female stutterers 3:1
- About 5% of children are likely to stutter for several months or more at some time during their lives

## When can Stuttering be Diagnosed?

Stuttering can emerge and be diagnosed as early as 2 years old. It can also have an onset at varying times and ages.

## What are the signs?

- May seem stuck on a sound or word
- Repetition on sounds or words
  - Example: “b-b-ball” or “I I I want it”
- Stretching a sound out on a word
  - Example: “wwwwhat”
- Difficulty with sounds at the start of words or the start of a sentence
- Speech that includes frequent revisions, and “filler” words
  - Example: “Like” or “Um”
- A struggle to speak with possible frustration

**\*\*\*Early identification of stuttering is key. Please seek therapy if you or your family/friends are experiencing any of the aforementioned behaviors.\*\*\***



## Is there help?

The Speech Pathologists at the Center for Speech and Language Pathology are trained to work on all elements of a person who Stutters, understanding that every person is different and will require a tailored therapy approach that fits his/her needs most appropriately. Our practice strives to provide the most effective stuttering therapy to clients of all ages.

## What to Expect in Therapy

Our clinicians work 1:1 with our clients to help maximize his/her communication. Young children will be immersed in a therapy environment that will facilitate an easier approach to speech production. Older children and adults will learn and utilize techniques to make speaking easier, to promote confidence in speaking, and to increase overall acceptance of speech.

To Schedule an initial consultation please call:

(203) 869-8272